

WHO SAYS THE BARN AISLE ISN'T A RUNWAY!

By Anna Jensen



ANNIE FINCH

We're all looking forward to a summer full of thrilling competition, reconnecting with old friends, and blue ribbons, but you're not alone if you feel the summer marathon leaves you exhausted and bedraggled. Then there are those elusive creatures—those women who seem to float around the show, looking chic and refreshed. They take off their helmets after a grueling course looking cool and collected while the rest of us feel sweaty, frazzled and decidedly un-sexy.

We tracked down some of these enviable women to share their secrets: the must-haves, style-standbys, helmet-hair tricks and other beauty weapons. We found out how they keep fit and energetic through the sweatiest of days, and we get a peek into how they stay on their game competitively while making it an unforgettable season.

Hope Glynn is tall and blonde with model looks. She and her husband Ned, run the highly successful **Sonoma Valley Stables** out of Petaluma, California. A star on the hunter circuit, she just won the \$30,000 WCHR West Coast Spectacular for the second year in a row and tends to clean up in the derbies. Hope seems to have super-human energy, competing in triathlons “for fun.” Sickening, we know!

After retiring as an executive with **Estee Lauder**, Californian **Annie Finch** dedicated herself to riding. She swept the Capital Challenge in 2012 winning the North American Adult Amateur Equitation Finals and the **Ariat** National Adult Medal. Her effortless chic makes you think she must have a stylist in tow at all times. She recently launched **Katherine Cosmetics**, her line made with equestriennes and sporting women in mind. And one big reason to love her is that she's the mastermind behind the first-ever lip gloss with SPF!

Charlotte Jacobs could be called the “Serena van der Woodsen” of the A-Circuit. A lithe blonde beauty, she has gracefully guided her horses to win the second leg of the 2013 European Young Riders' Championships and most recently was champion in the high JR/AO division at the Washington International Horse Show. Charlotte has spent the past year commuting from SMU in Dallas, where she is a freshman, to her riding base in Wellington. Charlotte has wisdom beyond her years on dealing with nerves and remembering what is important.

We hope you enjoy, and we hope this helps you make the next few months the very best summer yet!

HC: What are your must-haves when packing for the show this summer?

Hope: Spanx! They are very comfortable under riding pants, they have a slimming effect and don't leave you with any panty lines, but the biggest thing for me is that the amount I ride can lead to discomfort! I don't know how to gracefully put that. At the end of the day if you've ridden 40 rounds it's just more comfortable if you have an extra layer against the saddle!

Annie: My biggest scenario is sunglasses! That's the must-have, sunglasses. Which ones do you ride in so you don't look ridiculous? Which ones do you wear before you go to dinner? It's a whole sunglass scenario!

Charlotte: I already shipped all of my riding stuff to Brussels. Seriously, I am the world's worst packer - I think I can't live without everything!



HOPE GLYNN

HC: What is a typical morning of the show like for you?

Hope: On days that I compete I usually don't work out, but on days when I'm coaching I'll hit the gym before or after depending on who needs to be hacked in the morning. The thing I like to do best if it's available is swim. You can't be distracted when you're in the pool, so it's as close to meditation as I get.

Annie: I'm never late for a show. Actually, it's the thing I'm always early for. They say to be there an hour before but I'm usually there an hour and fifteen minutes before and I always have coffee and I always go look at the course first and then I come back and get dressed.

Charlotte: I'm not a morning person. I'm really disorganized in the morning and am always in a rush. The night before, I help myself out a little bit and lay everything out in order of what I need to do.

Then I wake up and get dressed as fast as I can because I'm always late.

HC: What is your breakfast of champions?

Hope: I can't get to work without a cup of coffee but I make sure breakfast is an important meal with at least 20 grams of protein, and I'm a stickler about that as a coach.

Annie: I definitely do lattes and coffee before anything and I eat **Perfect Bar** protein bars for breakfast.

Charlotte: I gave up coffee but I will drink a hot chai latte that will definitely get my energy up in the morning along with protein shakes or smoothies.

HC: What are your beauty must-haves for the show circuit?

Hope: My friends call me “hair McGyver” because I can literally whip up an up-doo in like two seconds flat at the

barn. Thank god there's always a bobby pin in my purse or in my car. I keep a goody bag of **Katherine Cosmetics** in my tack vanity and during the day, as I'm sweating and needing to reapply sunscreen, I use a powder from **Colorsience**.

Charlotte: I use **Shiseido** sunscreen for face and neck - it's made for sensitive skin, and I'm kind of lost without my makeup. I also put on **Chanel** cover up and drugstore mascara but that's about it.

Annie: I use the **Katherine Cosmetics Wowstick** with SPF 20 and the **Katherine Cosmetics** lip-glosses with sunscreen that I named after my horses. I go back and forth between **Swing** and **Cloudy**, but if I'm riding Cloudy I like to wear Cloudy!

HC: It's early morning at the showgrounds. What would we catch you wearing?

Hope: I usually come to the barn in my **Ariat** breeches, that I love. I usually wear a pair of cute boots to the barn, either my **Dubarry** rain boots or **Ariat** brown boots. I usually have an **Equifit** jacket or another jacket on. I start the day off with a hat as well with my current favorite being a white WCHR hat.

Annie: I always wear a white monogrammed show-shirt. I'm obsessed with monograms - I have the sleeve monogrammed and the snap-collar monogrammed. I have a series of navy blue V-neck cashmere sweaters so you'll usually see me in one of those along with a traditional **Hermes** belt, and then I've switched over to **Ariat** breeches because they're lower. If I don't have my show boots on I always wear casual tall boots from Italy. I wear **Ariat** boots because I'm so sick of custom boots that never come in right. I just buy **Ariat** off the shelf and I love them!

Charlotte: I always wear a sweater, every single day. Even if it's 90 degrees out in Florida, in the morning, I always wear a sweater. I like the sweaters from **Alessandro Albanese**. Recently my friend turned me on to **Equiline** breeches and I love them-they're so comfortable. For shoes I usually wear **Converse** or **Toms**. I'm kind of known for never brushing my hair, so in the morning it will be a mess!

HC: Time to talk sunnies- what pair are you wearing?

Hope: I wear **Bex** sunglasses. They make fashionable glasses but they also make glasses that slip under your helmet and they don't fog up. I'm addicted to them - I don't go in the ring or walk around without them.

Annie: For wearing around the horse show they're brown leather-wrapped **Gucci** ray-ban style. They're very cool.

Charlotte: I have these big brown **Gucci** aviators. They're plastic which is really nice because when you put them in your backpack they won't bend like the metal ones will. They're bulletproof.

HC: Now on to the all-important bag- what are you carrying?

Hope: For Easter I got a new **Louis Vuitton** purse, but at horseshows I always have a **HackSack** backpack.

Annie: I'm obsessed with the old fashioned **Goyard** totes- the super lightweight ones you can fold up and roll into a ball. I hate to say it but I have this cool cross-body **Chanel** bag that is so perfect for horseshows it's not even funny.

Charlotte: I put my helmet and all my riding stuff in my riding backpack. I have one of the **Louis Vuitton** Neverfull bags- the white and beige one that I'm obsessed with. I got it for Christmas and it's perfect for horse shows because it's so big.

HC: How do you deal with the dreaded "Helmet Hair"?

Hope: What I usually do is a low pony and then either flip it up into a bun or take parts of it and twist it into a bun, but I can also throw in a braid in five seconds flat!

Annie: You know, I think I'm the only person that showers and blow-dries my hair before I go ride! I shower in the morning and do my hair. So when I take my helmet off, it's not so bad! If you put a baseball cap on, you're done. You can't change your mind at dinner and take it off, but if I never put a baseball hat on, I'll be fine! At least I think I am - maybe I'm not and nobody's told me!

Charlotte: I don't get bad helmet hair. I'll brush my hair and put it in a bun



ANNIE FINCH

which kind of hides it, but if it's really bad and I'm sweaty and looking really gross I'll braid it or put it in a ponytail and put a baseball cap on.

HC: The show is over, and it's time to go out to dinner. What are you wearing?

Hope: I love things that can dress up an outfit. I'm never afraid to spend money on a jacket or a blazer or a purse. When I go out I'm more of a funky dresser. I really like bright colors and fun shoes. I'm a little edgy but I'm not afraid to wear big hoops and high-heeled tennis shoes.

Annie: My boot heel gets higher and my jean color maybe goes to dark denim or white and that's about it - maybe a few more bracelets. My style is definitely more west coast, more casual. My favorite designer ever is **Celine**. I just bought a **Celine** dress the other day that, to me, is art. I don't even know if I'll ever even wear it.



CHARLOTTE JACOBS
PHOTO BY SPORTFOT



CHARLOTTE JACOBS
PHOTO BY
JAMES PARKER



Charlotte: Comfort is key for me so I'm never wearing super-tight shorts or tops. I love skinny jeans and a big sweater or a comfortable tank top or blouse. I have everything in my closet, I could be totally classic one day and bohemian or a little edgy the next. I have a crazy shoe collection and I'm always buying shoes and always buying dresses. I just got this dress last week from this brand called **For Love and Lemons**, that's my favorite dress right now and probably my favorite designer.

HC: Do you have any good luck charms or rituals?

Hope: There's a company called **Spicy Tails** and they make horse tail extensions and kids bows, and they make really cute subtle bows in your barn colors. I always have those in my derby horse's tails kind of as a lucky charm.

Annie: I get really stressed out if I do a round and I get off and I don't have a mint to give my horse! Whether the round was good or bad, whether you won or you didn't, that whole getting off and giving them a mint is just a happy moment.

Charlotte: I have a couple of lucky bracelets, but before every show I have to do these breathing exercises because

sometimes I get really nervous. When I'm at the show I'm always hanging out with my mom. It's not really a ritual, just sort of a thing I do all the time. When we're at the shows we're cemented at the hip. She calms me down a lot. I can't really sit with friends because I'll start talking too much, and it just kind of all goes downhill from there. I actually talked with a sports psychologist for a while when I was 15 or 16, who turned me on to the breathing exercises. If I'm getting ready for a big class I'll imagine myself doing the course in my head. Once you go in the ring it's like you already did it. That helps big time! I've definitely learned how to calm my nerves over the years. A lot of other athletes use sports psychologists so I think it should be acceptable for riders to use them too.

HC: What is your advice to others on how to have the best summer yet?

Hope: Being fit and healthy will help you be a better rider, guaranteed. It's the biggest thing I can tell people to do - add cardio and strength training. Adding in the extra exercise and strength training has brought my level of focus to where I think I'm riding as well as I have my whole life.

Annie: It's really fun to plan who's going to the show in your barn, planning the social activities along with what you're showing in and what your goals are and then you can really get the most out of it. People don't like you any more or less if you win or lose. Your friends are your friends and the experience is about that- then no matter what happens, it's always fun!

Charlotte: I would say it's just good to stay positive, even in the worst situations. Thinking positive has gotten me very far, I always think of the best-case scenario.